

HMAIHU ZAWTNAK (MEASLES)

HIHI CU CUAR CUNG I A SEN BO TETE A CHUAKMI SAWHSAWH A SILO



Hmaihi zawtnak hmelchunhnak ah a tlangpi in aa telmi hna cu:

Hmaihi zawtnak cu a hlei in bawte le ngakchia caah tihnung a si kho.



Taklinh azual/ngaingai (104°F nak leng tiang in a kai kho)



Khuh



Hnaphhang a luangmi



Mit sen le/ asiloah mit ti tam



Cuar cung i a sen bo tete a chuakmi (zawtnak hmelchunhnak aa thawk hnu ni 3-5 ah a chuak)

Hmaihi zawtnak cu a fak kho.

Hmaihi zawtnak (Measles) nih hin ngandamnak lei ah harnak fakpi a chuaipi khawh, cu hna cu tangfah zawtnak, thluak phinnak (thluak phin zawtnak) le thihnak hna an si.



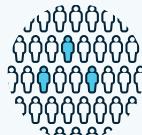
Minung **5 chung ah 1** hmaihi zawtnak a ngeimi hna cu sizung ah an chiah hna lai.



Hmaihi zawtnak a ngeimi ngakchia **20 chung ah 1** nih cun thluak phin zawtnak an ngei, cucus ngakchia pawl hmaihi zawtnak in an thihnak a ruang bik a si.



Hmaihi zawtnak a ngeimi **1,000 chung ah 1** cu a thluak a phing kho i, cu nih cun thluak rawhnak a chuahter khawh.



Hmaihi zawtnak a ngeimi minung **1,000 chung ah 1 in 3** karlak an thi.

Hmaihi zawtnak cu i chawnh a fawi ngai

cun zawtnak a ngeimi nih a khuh asiloah a hachio tikah thli chung in a karh. Hmaihi zawtnak a ngeimi pakhat nih an pawngkam i zawtnak khamhnak sii aa chunh rih lomi minung 10 ah 9 cu a chawnh khawh hna.



Zawtnak khamhnak sii chunh cu hmaihi zawtnak khamnak caah a tha bikmi lam a si

Ngakchia nih thla 12-15 le kum 4-6 a si ah hmaihi zawtnak-biangpawr zawtnak-German hmaihi zawtnak (rubella) (MMR) khamnak sii chunh awk a si. Voihnih sii chunhnak nih hmaihi zawtnak khamnak caah 97% a ttahhem.



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