

HMAIHU ZAWTNAK (MEASLES)

HIHI CU CUAR CUNG I A SEN BO TETE A CHUAKMI SAWHSAWH A SILO



Hmaihiu zawtnak cu a hlei in bawhte le ngakchia caah tihnung a si kho.

Hmaihiu zawtnak hmelchunhnak ah a tlangpi in aa telmi hna cu:



Taklinh azual/ngaingai
(104°F nak leng tiang in a kai kho)



Khuh



Hnaphang a luangmi



Mit sen le/
asiloah mit ti tam



Cuar cung i a sen bo tete a chuakmi
(zawtnak hmelchunhnak aa thawk hnu ni 3-5 ah a chuak)

Hmaihiu zawtnak cu a fak kho.

Hmaihiu zawtnak (Measles) nih hin ngandamnak lei ah harnak fakpi a chuahpi khawh, cu hna cu tangfah zawtnak, thluak phinnak (thluak phin zawtnak) le thihnak hna an si.



Minung **5 chung ah 1** hmaihiu zawtnak a ngeimi hna cu sizung ah an chiah hna lai.



Hmaihiu zawtnak a ngeimi ngakchia **20 chung ah 1** nih cun thluak phin zawtnak an ngei, cucu ngakchia pawl hmaihiu zawtnak in an thihnak a ruang bik a si.



Hmaihiu zawtnak a ngeimi **1,000 chung ah 1** cu a thluak a phing kho i, cu nih cun thluak rawhnak a chuahter khawh.



Hmaihiu zawtnak a ngeimi minung **1,000 chung ah 1 in 3** karlak an thi.

Hmaihiu zawtnak cu i chawnh a fawi ngai

cun zawtnak a ngeimi nih a khuh asiloah a hachio tikah thli chung in a karh. Hmaihiu zawtnak a ngeimi pakhat nih an pawngkam i zawtnak khamhnak sii aa chunh rih lomi minung 10 ah 9 cu a chawnh khawh hna.

Zawtnak khamhnak sii chunh cu hmaihiu zawtnak khamnak caah a tha bikmi lam a si

Ngakchia nih thla 12-15 le kum 4-6 a si ah hmaihiu zawtnak-biangpawr zawtnak-German hmaihiu zawtnak (rubella) (MMR) khamnak sii chunh awk a si. Voihih sii chunhnak nih hmaihiu zawtnak khamnak caah 97% a ttahnem.



Vaccines for Children
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