

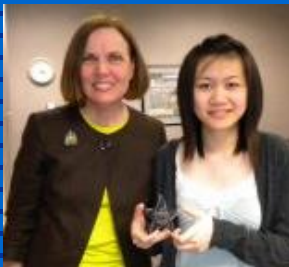
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**Iowa Medical Society Alliance
Annual Meeting 4.17.2010**



Partnering with physicians (and each other) to improve the health of Iowans and support the medical family.



On April 26, IMSA Co-President Maureen Lyons presented Jennifer Hung with the Volunteer Teen Health Service Award.

**IMSA honors Teen Volunteer
Jennifer Hung of Waterloo**

The Volunteer Teen Health Service Award honors an individual who has made an outstanding contribution in volunteer hours or volunteer commitment in the area of health, mental health or health education.

In the letter in which she nominated Jennifer, Bev Degenhardt wrote: "Jennifer is an extremely positive, reliable and very dedicated volunteer. She takes her volunteering very seriously. She began her volunteer work at Covenant Medical Center in October of 2006 as a freshman in high school and continues to volunteer as a senior -- four years [and approximately 350 volunteer hours] later!"

Many areas at Covenant Medical Center have benefited from Jennifer's generous donation of time; she volunteers as an Information Desk Ambassador, escorts families and patients through the facility, delivers emails and flowers to patient rooms, and serves as a unit nursing assistant.

The daughter of first-generation Chinese immigrants, Jennifer has been active in many areas of her school and community. In addition to volunteering at Covenant, Jennifer has been a bell ringer for the Salvation Army and organized a bake sale for AIDS patients as well as playing her violin at nursing homes. She is active in orchestra and the chamber group, French Club and National Honor Society among others.

**Summer Board is July 15
IMS Headquarters**

9AM to 3PM
1001 Grand Avenue
West Des Moines, IA 50265

Join IMSA members from around the state for Summer Board.

Have you wondered: "Why are we having trouble recruiting leadership for our county alliance? Why do the activities and health projects that were popular a few years ago not resonate with our younger members?" IMSA member George Riesen of Mason City, who has led discussion groups at her local community college on the topic, will present a short program on the key concepts behind Strauss and Howe's generational model and its implications for the future of the IMSA and other service organizations.

IMSA members interested in attending Summer Board should contact Alliance Coordinator Deb Whitver to receive the meeting's e-packet.



At the April 17 Annual Meeting, IMSA Co-President Debbie McCalla (far right) presented Heidi Quenzer (center) with the Volunteer Adult Health Service Award; at left is Jean Reed, the Director of Volunteer Services at the University of Iowa Hospitals, who submitted Heidi's nomination.

Resources

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[& Debbie McCalla](#)

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Health Promotion

IMSA honors Adult Volunteer Heidi Quenzer of Iowa City

Heidi began volunteering at the University of Iowa Hospitals and Clinics in 2004 as a floor host in the academic medicine center. She is responsible for visiting newly admitted patients and families, offering them information and resources. Heidi's supervisor recommended her for a position on the University's College Student Leader Board, a select group of 18 students responsible for training and scheduling for the over 800 college students who volunteer annually; Heidi is one of the few ever offered a seat on the Board as a freshman.

In 2008-2009 Heidi was chairperson of the College Student Leader Board and implemented new communication methods, including monthly "Connections" emails that provided a venue in which volunteer stories could be shared; it reinforced the many ways volunteers improve patient and family experiences at the University of Iowa Hospitals.

Heidi has given over 900 hours of volunteer service while simultaneously completing her undergraduate studies and entering graduate school in the University of Iowa College of Public Health. Jean Reed's nomination letter notes: "Heidi's rapport with our community volunteers is exceptional and she is a tremendous representative for our program and hospital as well. Heidi has exhibited nothing but the highest levels of character, service and leadership."

AMAF Healthy Living Grant Program (Formerly known as The Fund for Better Health)

The deadline for submissions to the AMAF Healthy Living Grant Program is 5 PM on Thursday, July 15, 2010. Applications received after this time and date will not be considered.

Begin your brainstorming by visiting the [AMA Website](#):

- read about recipients of the Fund for Better Health grants,
- peruse AMA Foundation award recipient success stories, and
- find answers to the most Frequently Asked Questions.

**Improving the health
of Iowans....**

Call for Nominations: The Spirit of Hermina Award

Do you know of an Iowan or a group of Iowans who:

- Is involved in making a difference in the health of Iowans;
- Demonstrates the ability to collaborate with other groups to form an effective coalition to address community health concerns; and
- Can show effectiveness, creativity and commitment in efforts to improve the well-being of his/her community and/or Iowa?

*Consider nominating this individual or group
for the 2010 Spirit of Hermina Award!*

Begun in 2003 in partnership with the Iowa Department of Public Health and sustained by the generosity of Dr. Philip Habak of Bettendorf, the Spirit of Hermina Award is named in memory of IMS Alliance member and past state president Hermina Habak, whose commitment to an active and healthy lifestyle transformed her life and inspired all who knew her. The ultimate purpose of the Spirit of Hermina Award is to honor special people or groups who have impacted the health of Iowans and to encourage others to make similar efforts. Send a one-page description of the efforts and person(s) involved. Include all contact information for the nominee. Materials in support of the nomination should not exceed five pages.

The Spirit of Hermina Award nomination form is available on the [IMS Alliance web page](#).

Please submit nominations by August 15, 2010, to
Dorothy Carpenter
7 Larchwood Court
Newton, IA 50208

Questions? Call 641.792.3961 or email [Dorothy](#).

The 8th annual award will be given to the individual or group deemed most worthy by a panel of judges, including representatives from the Iowa Department of Public Health, the IMSA Fitness for Life Committee and Dr. Philip Habak.

Presentation of the 2010 Spirit of Hermina Award is scheduled for September 23, 2010, as part of the Healthy Iowa Awards Banquet in West Des Moines.