



# FOCUS

March 2008

www.ims-alliance.org

Volume 2, Number 3

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- Call to Annual Meeting

### 2008-2009 IMS Alliance Slate of Officers

The Nominating Committee of the IMS Alliance is pleased to present the following slate of officers:

**Pres – Debbie McCalla**  
(Woodbury County)

**Pres Elect –  
Maureen Lyons**  
(Marshall County)

**VP/Membership –  
Sheila Drevyanko &  
Jane Patton**  
(Polk County)

**Sec – Patti Walden**  
(Johnson County)

**Treas – Bonnie Green**  
(Polk County)

### 2008-2009

#### District Counselors

Dist I – Nancy Gibbons  
Dist II – Joan Pennington  
Dist III – Jeanne Anderson  
Dist IV – Rose Ancheta  
Dist V – Diane Peterson  
Dist VI – Elaine Olsen

## 79<sup>th</sup> Annual Meeting – April 18 & 19, 2008

*Sheraton Hotel West Des Moines*

*Darshini Jayawardena Presiding*

### Friday, April 18

6:15 PM – Dinner (optional) at Rock Bottom Restaurant and Brewery,  
4508 University Avenue, West Des Moines

### Saturday, April 19

8:00 AM – Registration

8:30 AM – Opening of 79<sup>th</sup> IMS Alliance Annual Meeting

House of Delegates Convenes

Proposed Bylaws changes noted on p. 2-3 of this *FOCUS*

AMA Foundation Basket Auction

Election of 2008-2009 Officers

Election of AMA Alliance Convention Delegates

National Guest Speaker Sandi Frost, 2007-2008 Pres Elect of AMA Alliance  
Memorial Service

12:00 PM – IMS Alliance Luncheon

Presentation of Awards

Volunteer Health Service, youth and adult

Alliance Member of the Year

Alliance Outstanding Achievement

Keynote Speaker – Deadra Stanton, Creative Communications  
“Don’t Shoot Skinny Rabbits”

2:15 PM – House of Delegates Reconvenes

Officer Installation – Sandi Frost

3:30 PM – Adjourn

4:00 PM – IMS Alliance Past Presidents’ Reception

6:00 PM – President’s Reception

7:00 PM – Annual Banquet featuring **Tonic Sol-fa**. Back by popular demand!  
Four-part harmonies showcase their high energy a cappella sound.

## AMA Foundation (not necessarily a) Basket Auction

A silent auction to benefit the AMAF will be held Saturday, April 19, at the 79<sup>th</sup> Annual Meeting of the IMS Alliance.

**Bring a basket! Bring a checkbook!**

The AMAF works as the philanthropic arm of the AMA; it supports research and medical education, and physician and community health initiatives through grants and loans.

## National Guest



**Sandi Frost**

2007-2008 Pres Elect  
AMA Alliance

## Keynote Speaker



**Deadra Stanton**

*"Don't shoot skinny  
rabbits."*

## Bylaws Committee recommendations

**Sandi Frost** of Somerset, Kentucky was installed as President Elect of the American Medical Association Alliance in June 2007. Frost previously served as Treasurer, Director for two terms, Legislation Chair and as the Alliance representative to the American Medical Association's Council on Legislation and as Chair of the Legislative Education and Awareness Promotion (LEAP) Awards. Previously on the national level, Frost served as a Legislative Committee Member and as a Reference Committee Member. Frost currently represents the AMA Alliance on the American Medical Association Foundation Board of Directors.

Frost has served the Kentucky Medical Association Alliance in many positions, including president. She remains active on both state and county levels including serving on her state medical association's PAC Board of Directors and as her county legislation chair.

Frost is a physical therapist with a degree from the University of Kentucky and is currently employed at the Dermatology Center of Lake Cumberland. Her husband, Christopher Frost, MD, is a dermatologist.

**Deadra Stanton**, owner and presenter for her company Creative Communications, has been a teacher of English, Speech and Theatre for over 31 years. She is an honor graduate of Mankato State University in Mankato, Minnesota and recently earned her Masters in Education from St. Mary's University. With majors in Speech Communications, Theatre Arts and Business Administration, she brings a diverse background to the podium.

When not in the classroom, Deadra is a frequent presenter and motivational speaker for numerous audiences across the nation. Her humorous style and up-beat presentations make her a versatile and sought after speaker. Deadra's husband Mark is a business owner and she has two children.

**Don't Shoot Skinny Rabbits** Before we can grow professionally, we need to learn to survive personally. As the pace of change quickens every day, we sometimes end up chasing too many skinny rabbits. When we do this we lose our energy and our focus on what's really important.

Coming from an "in the trenches" perspective, Ms. Stanton draws on real life examples and humor to reaffirm that your choices in life are good ones. Plan on leaving this presentation with many new ideas, a revitalized sense of self and NO SKINNY RABBITS!

## Bylaws Committee Diane Trimble, Chair

### Proposed Amendments to the Bylaws of the Iowa Medical Society Alliance To be presented at the 79th Annual Meeting

The Bylaws Committee of the Iowa Medical Society Alliance recommends the following changes (in **bold**):

#### ARTICLE V -- MEMBERSHIP

##### Section 1. CATEGORIES

- A. A regular member shall be:
  - 1. The spouse of a physician member **or spouse of a medical student member of the IMS** and who is a member in good standing of a constituent alliance.
  - 2. Any other member who is a spouse of a physician member **or spouse**

## Links

IMS Alliance

AMA Alliance

Click on our name to contact us

Darshini Jayawardena  
President

Debbie McCalla  
President Elect

Maureen Lyons  
Treasurer & Vice President

Patti Walden  
Secretary

George Riesen  
FOCUS Editor

Barb Hanas  
Health Promotion

Kathy Lariviere  
Membership

Barb Savage  
& Tess Young  
Legislative Advocacy Co-Chairs

## Sheraton Hotel West Des Moines

Block of rooms reserved for IMS at **\$99 + tax** for standard room.

Block will be released on March 27.

Call hotel directly at  
515-223-1800 or  
800-627-8043.

of **medical student member** of the IMS shall be called a member-at-large;

3. A widow or widower (providing that person has not remarried outside the profession) of a physician **or medical student** who was a member of the IMS or any state medical society.

B. An associate member shall be:

1. The spouse, widow, or widower (provided that person has not remarried outside the profession) of a physician who is, or was at death, eligible for IMS membership.
2. The divorced spouse (who was an IMS Alliance member at the time of the divorce and provided that person has not remarried outside the profession) of a physician **or medical student** who was eligible or was a member of the IMS.
3. Associate members may be members of a constituent alliance or members-at-large.

**Rationale:** Adding the medical student spouse to these membership categories was approved by the AMA Alliance House of Delegates in June 2007.

### Section 2. Rights and Privileges

- A. All members shall be represented in the House of Delegates as provided in ARTICLE VI, Section 2, D. of these bylaws; shall receive the official publication; and shall be eligible to attend the IMS Alliance meetings unless otherwise restricted.
- B. Only regular members **and associate members** shall be eligible to hold state office. **Rationale:** This will expand the eligibility to hold state office and be more inclusive.
- C. Honorary and life members shall retain all rights and privileges held at the time honorary **or life** membership was conferred. **Rationale:** clarification.

### ARTICLE XIV -- AMENDMENTS

These bylaws may be amended at any Annual Meeting by a two-thirds vote of those present and voting, provided the amendment has been submitted by the Bylaws Committee to the Board of Directors for approval and a copy of the same has been appended to the Call for the Annual Meeting. **Proposed bylaw changes must be submitted to the Bylaws Committee by December 1.**

**Rationale:** The time requirement allows for the orderly review of proposed bylaw changes.

**Reaister today!** Print form & send to IMS Alliance. 1001 Grand Ave. . W. Des Moines. IA 50265

REGISTRATION FEE (mandatory)	\$25.00	
_____ Friday Night Dinner (Dutch treat)-6:15 PM		Yes___No___
_____ IMSA Luncheon (Saturday, April 19)	\$25.00	Yes___No___
_____ Past Presidents' Reception (Saturday, April 19) (Open to Past IMSA presidents/out-of-state guests)		Yes___No___
<b>TOTAL DUE BY APRIL 10 (Payable to IMS Alliance)</b>	<b>\$_____</b>	
NAME_____	TOWN_____	
POSITION_____		